



# In Our Community

Sacramento Area Emergency Housing Center  
October 2009

## Fairytale Town After Hours A Success!

A special thanks to all who attended and supported the 17th Annual Fairytale Town After Hours fundraiser on September 18, 2009. With perfect weather and an estimated 500 supporters in attendance, the party was a great success. Since March, the Fairytale Town After Hours Event Committee and Fund Development Committee had been meeting regularly to ensure our fundraiser was enjoyed by all. It was because of their hard work, and the support of our sponsors, donors, and attendees that we were able to raise over \$50,000! Fifty-percent of the proceeds from this event will be used for the Family Shelter Expansion Project, which will add an additional 35% to the shelter's capacity.

For a complete list of generous supporters that are working with us to end homelessness, visit:

[www.saehc.org/fttah.php](http://www.saehc.org/fttah.php)

We were thrilled by the quantity and quality of auction items donated this year. Our packages included jewelry, spa items, vintage wines, cooking classes, artwork, museum and theatre passes, sporting event tickets, and so much more. Endless thanks go out to the more than 150 organizations and individuals who donated items to our silent auction.



This year we added some new items to bid on – items for the families and women at SAEHC! Thank you to Two Rivers Cider owner Vincent Sterne for his generous donation to cover 6 new bicycles for ladies at our Women's Refuge to use during their stay. We still are in need of funds to buy a projector and screen for movie nights and new dining room furniture at the Family Shelter. If you would like to help, please contact Devon Good at [dgood@saehc.org](mailto:dgood@saehc.org) or 916-454-2120x304.

While attendees bid on auction items, they were able to enjoy delicious food from twenty-two restaurants, catering companies, and local markets. To accompany the food, beverages from wineries, breweries, specialty coffee and tea companies were available for sampling. The mood was kept lively by the music of the Putah Creek Crawdads at the entrance and The Retronauts at the main stage.

Keeping Families  
Together

SAEHC runs the only shelter in Sacramento that accepts two parent households, single fathers, and sons over the age of 14

## Board of Directors

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[View SAEHC's BBB Reliability Report](#)



SAEHC is a United Way certified partner. #3091

It is through the hard work and dedication of the Board of Directors, Fairytale Town Committee, and Fund Development Committee that SAEHC is able to put on such a great event. Thank you to everyone for another great year!

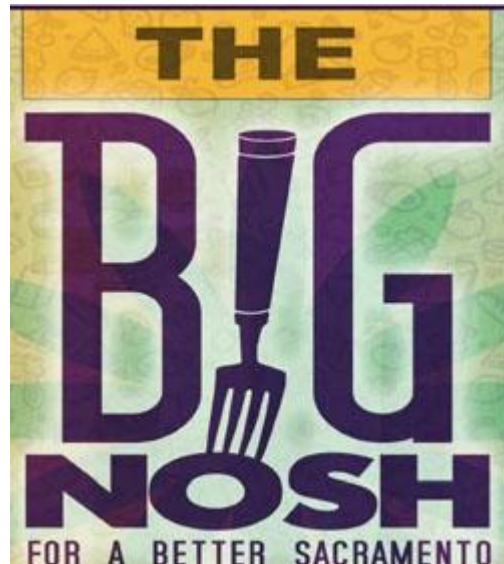
Save the date for next year's event: **September 17, 2010!**

Exciting news on the Family Shelter Expansion Project! HomeAid has adopted Phase I of the project, adding six bedrooms to the existing shelter structure. Plans for the expansion can be found here:

[www.saehc.org/familysHELTER.php](http://www.saehc.org/familysHELTER.php).

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## Big Nosh to Benefit SAEHC



For those of you who loved our Fairytale Town After Hours Event and are looking for more ways to support SAEHC or if you missed the event and are looking for a fun way to give back, SAEHC is one of the beneficiaries of the Jewish Federation of the Sacramento Region's Big Nosh. The event, which will take place on Sunday October 25th from noon to 5 pm, will allow you to sample food and beverages at some of Sacramento's best restaurants.

Including: Beach Hut Deli, Rubicon Brewing Co, Yogurtagogo, L Wine Lounge & Urban Kitchen, Hot Italian Pizza & Panini Bar, Sapporo Grill, 3 Fires Lounge, Sofia Restaurant, Brew It Up! Brewery and Grill, Aioli Bodega Restaurant, The Melting Pot, Celestin's Island Eats & Cajun, Paesano's, Buckhorn Grill, Clarion Mansion Court Restaurant, Temple Fine Coffee & Tea, Le Petit Paris, Old Soul Co.

Check out our website for a full list of [wish list](#) items.

Donations are accepted Monday - Thursday from 8 a.m. to 5 p.m. and Fridays from 8 a.m. to 4 p.m.  
2411 Alhambra Boulevard,  
Suite 110  
Sacramento, CA 95817

Or donate [online!](#)

If you have questions regarding donations email us at [donations@saehc.org](mailto:donations@saehc.org) or call 916-454-2120 x302

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Network with SAEHC



Nosh Captains lead teams of 10 around midtown to munch for a cause. Nosh captains get to enjoy the event for free, while normal tickets are \$36. Be sure to mention that you are a supporter of SAEHC when you sign up!

Tickets and more information are available at [www.bignosh.com](http://www.bignosh.com)

## Agency News and Updates

### Omega Youth Take A Trip to Yosemite

By Beiling Gonzalez, Omega Youth Development Specialist



“I never thought I would do something like this in my life” is what I heard from one of the Omega youth on the field trip to Yosemite. It was a memorable experience that provoked awe and inspiration. On our way to beautiful Yosemite we looked on our right and observed the beauty of Mother Nature. Beautiful oak and pine trees adorned the hills and introduced us to what would end up being one of the best days of our lives. Once inside the park, we split into two groups: “the slow crew” and the “hikers”. The “slow crew” had a day full of adventures at the museum. The “hikers” went on a hike up the Vernal Falls. It was a tough 1 1/2 hour step hike that showed us to paradise. Everyone enjoyed the yummy food and beautiful view. The majority of those who went had never been to Yosemite. Memories of that day will be with us forever.



### Program Spotlight: Omega Project

The Omega Project was started in 2002 and provides permanent supportive housing with continued supportive services to 15 singles and 15 families who have multiple and severe disabilities and have successfully completed a transitional housing program. The Omega Expansion program increased the

number of families to 22 in 2009. The families and singles receive case management services, groups and counseling through the program. And the children go on field trips, have their school work monitored and are aided in applying to college by the Youth Development Specialist assigned to the program.

## Other Ways to Get Involved

### Volunteer!

Volunteers needed for to create a Spooky Haunted House at our Omega Program. We would like to start a new tradition at our Omega Program this year, with 7 new families added this year, we have a large group of kids in need of a memorable Halloween experience. We would love to create a haunted house on October 20th.

To achieve this goal we need spooky decorations (you know you have some up in the attic), volunteers to help decorate, and most importantly- volunteers to dress up like ghouls and ghosts and scare little kids. Isn't that what Halloween is all about? If this sounds like the job for you, please contact Natalie Kuffel at [nkuffel@saehc.org](mailto:nkuffel@saehc.org).

Happy Halloween!

### Donate!

We are currently in desperate need of diapers at our Family Shelter. Sizes 4 and 5 are especially needed. This would be a wonderful donation drive for a work group or student looking for a project.

Donations are accepted:

Monday - Thursday from 8 a.m. to 5 p.m.

Fridays from 8 a.m. to 4 p.m.

2411 Alhambra Boulevard, Suite 110  
Sacramento, CA 95817



## Volunteers of the Month



**Helen Dashiell** came to SAEHC looking for an opportunity to give back in any way she could. We don't know if she knew what she was getting in to! Her first volunteer opportunity including assisting in preparing paperwork for the Agency's annual audit, and even Carolyn (our Executive Director) noticed the quick and effective working style Helen brought with her each day she assisted. We then asked Helen to assist us with the Fairytale Town After Hours event, and she jumped right in, assisting at our Agency booth highlighting the Children's Programs at the Family Shelter, Omega Project, and Mather Community Campus. Thank you, Helen, for going above and beyond in all volunteer projects!



**Allison Joe** never ceases to amaze us with her dedication to the agency. Despite being a leader in the land use community, an active member of the Young Leaders Group of the Urban Land Institute, she still managed to lead the Fairytale Town After Hours fundraising committee to a successful event on September 18th. Allison has been volunteering with SAEHC's Fairytale Town After Hours (FTTAH) event committee for the past 3 years and was asked to chair the event this year. Her job entailed overseeing every detail from food and wine, entertainment, auction, and attendance. We thank Allison for her incredible leadership and consistent support of SAEHC!

## Employees of the Month



**Catherine Riley** initially came to SAEHC as an intern from California State University, Sacramento in January of this year. She chose SAEHC because of the incorporation of alcohol and other drug services with the homeless population. What Catherine liked best about her internship is that she didn't just learn to apply what she learned in the classroom, but she also learned more about herself and what she truly wanted to do in life. Upon graduation from her social work program, she started with our Family Shelter and Women's Refuge full time. Catherine's incredible level of confidence and independence is an asset to the case management team.



**Jacqueline McClain** works as on-call support staff at our Women's Refuge. That means that she fills in for permanent staff members when they are sick or on vacation. She has recently assisted during some staff turnover. She gives motivational speeches to the women before bed (what she calls a captive audience) and makes them big breakfasts when she works on Saturday morning.