



In Our Community

Sacramento Area Emergency Housing Center

July 2009

Special Events at SAEHC

On June 5th, the **Diversity Action Team at Maloof Sports & Entertainment** put on a Family Fun Friday that will not be soon forgotten. They barbequed hot dogs and handed out delicious snacks, brought basketball hoops (one for the little ones and one for the older kids), and a basketball for each of the children. They even donated the basketball hoops so the childrens would have something to keep them busy this summer. What they did not anticipate was that the basketballs would become a priceless memento for each child. Instead of being used out on the courts, they are up on shelves in their rooms! Especially since the group had a Kings Royal Court Dancer at the event signing autographs.



Keeping Families
Together

SAEHC runs the only shelter in Sacramento that accepts two parent households, single fathers, and sons over the age of 14

Board of Directors

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[View SAEHC's BBB Reliability Report](#)



SAEHC is a United Way certified partner. #3091

Check out our website for a full list of [wish list](#) items.

Donations are accepted Monday - Thursday from 8 a.m. to 5 p.m. and Fridays



Photos provided by Dhon Santos
[View more photos of this special event.](#)

I would like to thank the Diversity Action Team for spending the day at our Family Shelter. It was a wonderful day for the children and this team made it possible. The smiles on the faces of all in attendance tell the story of kindness and giving.

- Bill Knowlton, SAEHC Board Member

Also on Friday, June 5th, we were fortunate to have **Deloitte Consulting** provide skills-based, employment-readiness workshops for our Family Shelter and Women's Refuge clients. Approximately 12 consultants facilitated interviewing and resume writing workshops to 30 residents; assisting them with not only the basics of each activity, but providing tools and tips for effective presentation of these skills.



from 8 a.m. to 4 p.m.
2411 Alhambra Boulevard,
Suite 110
Sacramento, CA 95817

Or donate [online!](#)

If you have questions regarding donations email us at donations@saehc.org or call 916-454-2120 x302

Network with SAEHC



Support Community Partners Mentioned in this Edition:

- [Anytime Painting](#)
- [Benefit Cosmetics](#)
- [Child & Family Institute](#)
- [Deloitte Consulting](#)
- [Dover Saddlery](#)
- [Good Day Sacramento](#)
- [Grace Foundation](#)
- [Hair Doctor Shawn Brown](#)
- [Ikea](#)
- [Malooof Sports & Entertainment](#)
- [Redkin](#)
- [Rise Yoga Studio](#)
- [Sacramento Metropolitan Arts Commission](#)
- [Umpqua Bank](#)
- [Yocha-De-He Community Fund](#)



[View more photos of this special event.](#)



The dedicated teachers of **Rise Yoga Studio** have been teaching yoga to the ladies at our Women's Refuge every Saturday since last summer. This has been a wonderful way for the women to get some exercise and learn a new method of stress relief. While this has been the first yoga experience for many of the women, it won't be the last.

Rise Yoga Studio will be holding a free yoga class:

July 4th, 9:00 a.m.

7485 Rush River Drive
Sacramento, CA 95831

916-764-4388

www.riseyoga.com

Skills-based Volunteerism is on the rise. The expertise provided by professional firms, like Deloitte, is invaluable to the clients we serve, and to the operation of agencies like SAEHC. As our budgets are being cut, and private funding is more and more difficult to obtain, it is even more important for the private sector to utilize their skills through volunteer projects. Where for-profit organizations only provide 1% of non-profit financial donations, the sector can make up for the lack of dollars through an incredible knowledge exchange with agency staff or the provision of workshops and training for clients.

SAEHC is looking to leverage partnerships with professional organizations to provide employment-readiness training and counseling for our clients on a regular basis such as once per week. If you are interested in participating in this effort, please contact Devon Good, Community Partnerships Director, at dgood@saehc.org or 916-454-2120 x304.

Agency News and Updates

Summer Fun for Children's Services Thanks to our Community Partners

By Devon Good, Director of Community Partnerships

For years it has been the dream of SAEHC's Executive Director, Carolyn Brodt, to bring a summer camp-style program to the Children's Services Program throughout the agency, in order to combat the lack of structure during the summer months. Through working with three community partners in particular, we were able to assemble a program that is beneficial to the children; exposing them to a variety of activities we hope will engage them and inspire them to further pursue their dreams.

The \$7,500 grant from the **Yocha-De-He Community Fund** will make this dream a reality. Approximately 35 children will participate in educational and recreational activities throughout the Sacramento region, thereby exposing participants to a variety of activities that will engage their minds and bodies in a healthy, educational, and structured program.

Also, SAEHC was selected to be part of the **Sacramento Metropolitan Arts Commission Community Arts Program**. This 3-way collaborative process between artists, SMAC, and SAEHC will bring three hours of performance and visual arts programming to the Family Shelter children and families beginning in August. The children will be exposed to a new way of life and expression as many of these children have never been to a museum or a performance, let alone participate in an art education program. Furthermore, the children will experience a potential method of expression and release from a dysfunctional history, as well as providing education around different professional paths one could take.

Finally, the children at our Mather Community Campus (MCC) program are being given the opportunity to participate in a therapeutic horseback riding program with the **Grace Foundation**. Over two, week-long sessions, 12 MCC children will be taught the care of horses and basic riding instruction. Thank you to our clinical partner, **Child & Family Institute** for coordinating this incredible opportunity, **Dover Saddlery** for your generous donation of riding boots for participants, and to the Grace Foundation for the incredible services you provide to the community and the equine world!



Devon Good, Community Partnerships Director
dgood@saehc.org
916-454-2120 x304

Family Shelter Dining Room Spruced Up

Our Family Shelter dining room has been spruced up thanks to **Kelli Winfree of Anytime Painting** and our local **West Sacramento IKEA**. Kelli continued her beautiful mural around the room and IKEA provided us with new high chairs for the children. These new high chairs are not just stylish, they are easy to keep clean for the 25+ children that we serve at a time. Together, these two businesses have created a dining room that anyone would be happy to eat in!



Update on Rebranding

A message from Carolyn Brodt, Executive Director

I know that staff and supporters were looking forward to not having to take a deep breath and say “I work or support Sacramento Area Emergency Housing Center.” However the name change may not occur anytime soon. With the current budget situation for the County and the State, SAEHC management does not feel that this is the right time to embark on this endeavor. I want to thank everyone who gave us their feedback through surveys and focus groups. Your comments showed us that there is demand and enthusiasm for a new agency name. When the time is right, we will be using your suggestions to create a new name for the agency.



Success Story: Graduates of MCC!

This month we would like to celebrate the 2009 graduates of Mather Community Campus. Sacramento Area Emergency Housing Center runs the Family Site of the program, which serves 55 families and over 100 children. As many of you know, the funding for this program has been in serious jeopardy over the last few months. That made this graduation all the more special and heart-wrenching.



[View more photos of this special event.](#)

On May 20th, we gathered together with 39 graduates to listen to their stories and marvel at their accomplishments. For students to be eligible for graduation, they must be employed full-time, have a savings account, and be ready to move into permanent housing. When families and individuals enter this two year program, they are homeless, usually the residents of a local shelter. The students that donned blue caps and gowns on the 20th were individuals who have worked hard to succeed. We encourage everyone to take a look at the video of highlights from this moving ceremony to see the faces of success.

[View MCC Graduation 2009 Video](#)

In honor of the event, **Good Day Sacramento** and the **Hair Doctor Shawn Brown** provided makeovers to 20 students and staff of the program. As you can see, the results were stunning! Thank you to **Redkin** for their donation of products, **Benefit Cosmetics** for the day of make-up and the wonderful stylists from local salons that helped make these transformations a reality!



[View more photos of this special event.](#)

Community Involvement

Thank You!



On June 26th, Umpqua Bank celebrated the birthdays of Amanda, 17, Latoria, 9, and Sarhonda, 4. An incredible spread of pizza and “decorate your own cupcakes” got the families off to a great start. Next, it was outside for some water play with water balloon toss games. Always an amazing supporter of Birthday Wishes and the Volunteer Center of Sacramento, Umpqua Bank sure knows how to throw a party and make our families feel very special.

If your work group, church, or family would like to get involved with the Birthday Wishes program, please contact the Volunteer Center of Sacramento at 916-567-3100.

The **Church of Jesus Christ of Latter-Day Saints, Humanitarian Services Department** recently donated 400+ hygiene kits for the families and women in our shelters. Each kit contains shampoo, conditioner, deodorant, body wash/soap, toothbrush, toothpaste, razor, feminine hygiene products; every toiletry product that one would need to start their new life.

July Donation Drive: Sunscreen

With summer here it is vital that our clients are protected from harsh UVA and UVB rays. SAEHC serves over 500 clients daily and we need your help in keeping them protected from the sun. Make a donation of new sunscreen products today!

Donations are accepted:
Monday - Thursday from 8 a.m. to 5 p.m.
Fridays from 8 a.m. to 4 p.m.
2411 Alhambra Boulevard, Suite 110
Sacramento, CA 95817



Volunteer of the Month: Jeff Heinsohn



Jeff has become our go-to-guy in Children's Services at the Family Shelter, coming in once or twice a week. Jeff is a wonderful volunteer because he doesn't mind getting his hands dirty- literally. He has taken over the duty of cleaning out the vacuum and outdoor play with the children. Occasionally, Jeff brings in his son, Brad, to volunteer with him. Brad is hearing impaired and he has been a wonderful resource for the children on deaf culture. Here is why Jeff does what he does:

"Volunteering was a chance to do something for someone else and not just myself. I love coming in and helping Miss Christine in Children Services.

What she does every day with those kids is an inspiration to me."

Employee of the Month: David Reyes

David has been with the agency since late February, and we have been singing his praises ever since. David is reliable, hard-working, and incredibly knowledgeable. He is in charge of the site maintenance at our shelter programs; painting, carpentry, landscaping, you name it- David does it. David is a quite man, but he did have this to say about why he does what he does:

"I enjoy my job and am happy at SAEHC. I enjoy helping the clients and keeping the sites looking beautiful."

