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Dear Friend,

Thank you for your continuous support of the Agency. We hope you enjoy receiving this monthly update; if you would like more frequent updates, please become a fan of us on Facebook or follow our activities on Twitter.

New Programs! Casa Serenas and Casa de Esperanza

By Carolyn Brodt, Executive Director



In February SAEHC was awarded two additional permanent-supportive housing programs for single adults, Casa Serenas and Casas de Esperanza. Funded by the US Department of Housing and Urban Development, these programs provide housing and supportive services to 48 chronic homeless individuals in Sacramento County. We are very excited about the opportunity to increase our capacity to serve this unique population and expand services in to the northern part of the County. With comprehensive case management, the clients of these programs are working one day at a time to retain their permanent housing and broaden their ability to live independently.

- [Quick Links](#)
- [Our Website](#)
- [Donate Now](#)
- [Contact Us](#)

Father's Day Family Fun Run

By Devon Good, Director of Community Partnerships



SAEHC in the News

- Shelter Gives Families 60 Days To Stay
- Shelter Provides Food, Housing For Families
- Families In Need Can Turn to Sacramento Emergency Center
- 'One Day' Homeless Campaign Starts Locally
- Book of Dreams Update
- Motel Voucher Interview
- 20 Causes in 20

We are very excited to announce the 1st Annual Father's Day Fun Run to benefit SAEHC! Proposed by Zealous Event Management, all of the 5k's proceeds will go to the Agency with the overall goal of making sure families of all sizes and compositions have a place to stay if they become homeless in the Sacramento region.

The setting for this fantastic June 20th event is Roseville's Miner's Ravine Trail. Registration begins at 7:30 AM at Sculpture Park, runners start at 9:00 AM, and walkers/strollers start at 9:05 AM.

This is a family oriented event that we hope becomes a tradition not only for SAEHC and Zealous, but for our participants as well. So please join us on Father's Day morning to run for our families and to celebrate all of the dad's, granddads, stepdads, and others who make our lives so special.

Days

Visit active.com to register for the event online. If you would like some brochures to distribute to friends, family, or co-workers, please contact me at dgood@saehc.org or 916.454.2120 x304.

Keeping Families Together

SAEHC runs one of only two shelters in Sacramento that accepts two parent households, single fathers, and sons over the age of 14.



Meet Our Newest Board Members Jose Bodipo-Memba and Kathy Lelevier



Jose Bodipo-Memba is a Project Manager and Office Leader for PBS&J in Sacramento, California. PBS&J provides engineering, environmental science, architecture, planning and construction services throughout the United States. Mr. Bodipo-Memba has more than 9 years of technical experience managing projects in compliance with the California Environmental Quality Act (CEQA). Prior to joining PBS&J, he worked as an Environmental and Community Planner position at Mooney & Associates where he served as a key member of the award winning Gaslamp District Thematic District Study for Center City Development in San Diego, California. Mr. Bodipo-Memba is the former chair of the Urban Land Institute (ULI) Young Leaders Group and a former member of the ULI Executive Committee. Mr. Bodipo-Memba is currently a member of the inaugural class of the Nehemiah Emerging Leaders Fellowship Program and in his free time, he is active in the local athletic community, serving as a youth basketball coach and referee in numerous basketball leagues in the Sacramento region. Mr. Bodipo-Memba earned a Bachelor of Arts degree in History from the University of California, Berkeley.

Board of Directors

- Jason Wagner, President
- Syreeta Ross, V.P. Secretary
- Dave Mowery, Treasurer
- Jose Bodipo-Memba
- Christy Fletcher
- Charlotte Howison
- Matt Keasling
- Kim Koski
- Kathy Lelevier
- Arnita Paige
- Lynn Robie
- Romeal Samuel
- Athena Thomas



Kathy Lelevier was born and raised in Sacramento and left town for college thinking she would not be coming back! She attended UC Santa Barbara and UC Berkley for her undergraduate degree and UC Davis for her MBA. She moved back to Sacramento in the early 1990s and has lived in East Sacramento for almost 20 years. Most of her career has been with UC Davis, most currently in the role as Manager for the UC Davis Medical group , Practice Management Board. She is married to Richard Rose, and they have 2 year old twins, Ella and Annika Rose.

"My father instilled in me and my siblings to always give back to the community and be involved in volunteer work. I have been involved on Community Boards throughout my life most recently ending a 7 year term with the Sacramento SPCA. I became interested in SAEHC through a coworker and friend, Terri Contenti, who was a past Board Member. Terri informed me of the great work that SAEHC performed and after meeting Lynn Robie I knew this would be an exceptional opportunity for community outreach. I have been fortunate all of my life to afford my own housing and be financially secure but I am acutely aware of the homelessness issue and how close to the brink so many families and individuals can be with the current financial downturn. I look forward to serving on committees and getting other colleagues and friends involved."

United Way Certified Partner



#3091

View our Better Business Bureau Reliability Report

Donation Corner

April Donation Drive - WOMEN'S ITEMS

Mother's Day is coming soon! While you are preparing to

Celebrate National Volunteer Week April 18-24, 2010

celebrate this day with your family, have a thought for the mothers and women in our Family Shelter and Women's Refuge. We are always in need of basic toiletries such as small shampoo/conditioner bottles, soap, tooth brushes & tooth paste, and feminine hygiene products. **New** bras and panties are needed too!

Donations are accepted Monday-Thursday from 8 am to 5 pm and Fridays from 8 am to 4 pm at 2411 Alhambra Blvd., Suite 110, Sacramento, CA 95817.

[Donate online](#)

Special Requests Donations Needed!



The Mather Community Campus is in need of 2-3 **new** high chairs for their Children's Services Program. Please call Janice at (916) 454-2120x302 if you are able to help out!



Wilma's Place needs a television with a digital converter. These

The administrative office is growing a new tree! In celebration of National Volunteer Week, April 18-24, we have created a "Tree of Giving" in the foyer. Each leaf on this tree represents days that volunteers have donated their time to the SAEHC this past year. This tree will continue to grow through the end of 2010! The Volunteer of the Month will also be featured here. Help us celebrate the importance of volunteers to our agency and programs! Other ways we are celebrating volunteers during this week include:



- Posters at the Family Shelter, Women's Refuge, and Mather Community Campus
- Thank you cards for each active volunteer
- A special dedication ceremony for Wilma's Place

Be sure to thank each volunteer you see for all of their hard work and dedication to the agency, our programs, our staff and our clients.

"Success in life has nothing to do with what you gain in life or accomplish for yourself. It's what you do for others." Danny Thomas

Community Garden Boxes are Planted
Thanks to volunteers from CGI

On Saturday, April 3, 2010 the garden area at the Family Shelter got a much needed lift! Three boxes, each 4 foot by 12 foot, were built and planted with the help of a wonderful group of volunteers from CGI. These boxes are all organic and filled with plants donated by Talini's Nursery on Folsom Blvd. Family Shelter residents can look forward to yummy tomatoes, peppers, zucchini, squash, cucumbers and basil this summer. This project has been a year in the making, and we are happy to see the beautiful finished product. Participants included children from the Family Shelter and our own Board Member, Dave Mowery. What a wonderful way to teach the children about urban farming, organic produce, and the joys of gardening!



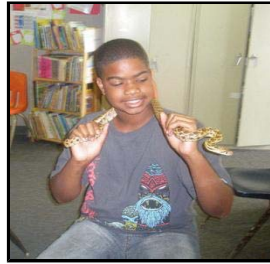
Spring Break at the Family Shelter
By Helen Dashiell, Children's Services Staff

Spring break week was not a typical week at the Family Shelter. On Monday, families gathered at a local park for a BBQ picnic and some play time. One of our residents grilled and one of our fantastic volunteers came out to play some soccer. Tuesday, Nature's Critters stopped in for some show and tell. Hedgehogs brushed hair and snakes were wrapped around the back of necks. Wednesday, families met for a sack lunch followed by a day full of adventure seeing various animals at the zoo. For Thursday's activity, our regular dance and music teacher came by for a jam session. Kids got to explore various instruments and learn a thing or two on how to play them. Home Depot came by on Friday for our weekly Family Fun Friday event. Our wonderful volunteers came equipped with various items to construct as well as games and cookies to decorate. We ended Spring Break on Sunday with two Easter events. The first was the giving of Easter basket delivery by motorcycle club, and long time supporter, Shut Up and Ride. The second

ladies aren't even able to watch the news! If you can help with this, please contact Janice at (916) 454-2120x302 or jwagaman@saehc.org.



event was attending a ceremony along with an Egg Hunt and dinner at Reality Church, who has recently chosen to take time to help our families in need. Too bad not every week is Spring Break!



Fun with the Girls!

Girls Night In at the Women's Refuge

Saturdays are the fun days at the Women's Refuge. After a week of groups and case management sessions, this is the day for the ladies to relax and enjoy themselves. One wonderful opportunity is "Girls Night In." Taking place from 6-8pm each Saturday, this is a time for women in the community to socialize with the ladies at the shelter. Opportunities in the past have included board games, movies and popcorn, card games, craft projects, "spa days" with facials, manicures, pedicures, hair styling, etc., and many more fun ideas! The fun is limited only by your imagination! Please contact Janice at jwagaman@saehc.org or (916) 454-2120x302 to sign up for your "Girls Night In" today.



Employee of the Month: Ken Whitall

Family Shelter, Chef



If you have been to the Family Shelter recently, you probably have seen Ken Whitall hard at work in the kitchen! Ken has done an incredible job of making tasty and nutritious meals while meeting the budget challenge with unpredictable donations. He loves sharing his gift of cooking and has a passion for helping others. He first began cooking many years ago at the Bodacious Bar-B-Q, and has had a varied career since, most recently as an executive chef with the Hilton Corporation. Be sure to congratulate Ken on a job well done!

Volunteers of the Month: Elham & Laura

Family Shelter Children's Services



This April we are proud to announce that we have not one, but two Volunteers of the Month! Please join us in congratulating both Elham Nurbakhsh and Laura Currey for their outstanding dedication to the Children's Programs at the Family Shelter. Helen Dashiell, Children's Services Coordinator, says From their first day, both ladies did an extraordinary job! In addition to volunteering their time, they have recruited friends to donate new toys and art supplies. They even talked one friend into coloring hundreds, if not thousands, of pasta for necklace-making! These ladies are filled with dedication.

If you are interested in volunteering with Sacramento Area Emergency Housing Center, please visit our website at www.saehc.org/volunteer.php to read more information and to fill out a volunteer application.

New Community Partnerships Coordinator

Meet Janice Wagaman

Please welcome our new Community Partnerships Coordinator, Janice Wagaman. Janice comes to us from the Discovery Museum Science &



Space Center where she has been the Volunteer Coordinator and Museum Store Manager for the past four years. She is very excited to be working with the SAEHC Community Partnerships Program.

Janice's whole family is happy about the new job! Her husband, Bud, is sure to be a regular volunteer at various events throughout the year. Their two children, Stephanie and James, are also eager to help as needed.

If you are interested in volunteer opportunities or donating items, please contact Janice at jwagaman@saehc.org or 916.454.2120 x302.

New Addition to the SAEHC Fan Club

Meet Felix!



As we are welcoming Janice in to her new position, Natalie Kuffel, our former Community Partnerships Coordinator, is welcoming a new member of her family. Natalie gave birth to Felix Alvin at 3:16 AM on March 21st. Everyone is happy and healthy, and Otto (her first son) is already used to being the big brother. Congratulations Natalie!